

DISCOVERING YOUR “ANIMAL” MINDSETS

Rate & prioritize the adjective list in **each row** by using numbers 1, 2, 3 and 4

Rate **1** for the list that **most** describes you and **4** for the list that **least** describes you

Row 1	A ____ Friendly Positive Spontaneous	B ____ Authoritative Traditional Accountable	C ____ Genuine Pleasant Compassionate	D ____ Systematic Creative Reliable
Row 2	E ____ Inquisitive Conceptual Knowledgeable	F ____ Gentle Empathetic Understanding	G ____ Practical Reasonable Faithful	H ____ Competitive Compulsive Magnetic
Row 3	I ____ Loyal Conservative Organized	J ____ Devoted Sincere Sacrificial	K ____ Real Bold Uninhibited	L ____ Theoretical Ethical Ingenious
Row 4	M ____ Concerned Structured Collaborative	N ____ Risky Impulsive Fun	O ____ Thoughtful Encouraging Emotional	P ____ Determined Skeptical Analytical
Row 5	Q ____ Philosophical Disciplined Rational	R ____ Cheerful Loving Sympathetic	S ____ Exciting Adventurous Clever	T ____ Methodical Conventional Helpful

Transfer all of your numbers into the chart below to determine your “ANIMAL MINDSET” – The total that is the **smallest** represents your **strongest mindset(s)**

CHIMP	LION	COLLIE	BEAVER
A	B	C	D
H	G	F	E
K	I	J	L
N	M	O	P
S	T	R	Q
TOTAL	TOTAL	TOTAL	TOTAL



Social &
Adventurous



Visionary &
Decisive



Compassionate
& Gentle



Analytical &
Organized

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